



Living With Purpose



Agenda

SATURDAY

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| 8:00 – 9:00 AM | Awakening your Intuition-Listening to your Heart on the yoga mat with Malva Bee |
| 9:00- 9:30 AM | Continental breakfast and Inspirational Thought for the Day |
| 9:30 – 10:00 AM | Welcome - framework and Introductions |
| 10:00- 12:00 AM | If You only knew Me- LTC Consuelo Castillo Kickbusch |
| 12:00- 1:00 PM | Lunch |
| 1:15- 2:15 PM | Life Model – LTC Consuelo Castillo Kickbusch |
| 2:15 – 4:00 PM | Empowerment Model –Creating the Life that You Want- Marisa Rivera |
| 4:00 - 5:00 PM – | Letting Go - Focusing on the Here and NOW- Marisa Rivera |

5:00- 6:00 PM **Emerging with Freedom-Yoga Dance**– Malva Bee – Red Canyon

Dinner On your own

Evening Choices Spa treatments, shuttle to Las Vegas Strip for entertainment or shopping,
or Relax and enjoy the hotel amenities.

SUNDAY

8:00 - 9:00 AM – **Journey into Myself - Gently Yoga** - Malva Bee

9:00 -9:30 AM – **Continental Breakfast** & Inspirational Thought for the Day

10:00 – 12:00 N–**The Reality of our Dreams – Consuelo Castillo Kickbusch**

12:00 – 2:00 PM – Lunch & Power Walk – Red Rock Canyon

2:00 – 4:00 PM – **Learn to Be Creative: Let Your Colors Talk** – How to reduce stress through
Watercolor Techniques and Mandala Making- Sina Sutter

4:00 -5:00 PM – **Transformational Communications** – Pamela Perkins

Dinner On your own

Evening Choices Spa treatments, shuttle to Las Vegas Strip for entertainment or shopping,
or Relax and enjoy the hotel amenities

MONDAY

8:00 – 9:00 AM – **The Power to Choose-** - Yoga - Malva Bee

9:00 - 9:30 AM – **Continental Breakfast** & Inspirational Thought for the day

9:30 PM -10:30 AM **Transformational Communications-** Pamela Perkins

10:30 – 12:30 PM –**Living with Purpose and Vision** – LTC Consuelo Castillo Kickbusch

12:30- 1:30 PM –Lunch

1:30- 2:30 PM` - **Using Your Seven Sources of Power –Marisa Rivera**

2:30- 5:00 PM **Creating Your Purpose Board – Consuelo Castillo Kickbush**

5:00- 5:30 PM Inspirational Closing

What to bring:

- Bring a positive attitude, an open heart and mind, you are going to be surrounded by love and understanding; let all expectations at the airport; connect with your inner-self. You are coming here to relax, reconnect and rejuvenate.
- Delicious Breakfast and lunch will be provided, but if you have specific meal needs, please bring your own.
- Wear comfortable clothes, and shoes, finally a place that you don't need makeup!
- Yoga mat or large towel

Where: Red Rock Casino Resort Spa, 11011 West Charleston Boulevard, Las Vegas, Nevada. (702) 797-7777.

Cost: \$350.00 per person early bird, if registered before November 1st and \$395 thereafter. One free registration for every group of four. To registered online go to <http://Empowerment.EasLeadership.com/>.

Hotel Accommodations: Red Rock Casino Resort Spa Hotel - The Red Rock, Casino, Resort and Spa is the home for the Signature Program: Living With Purpose. An exquisite hotel nestled in the Red Rock Canyon Mountains and only 14 miles from the airport and Las Vegas Strip. To get our very Special group rate of \$99 per night, register directly at: <http://www.redrocklasvegas.com> and use our "promo code" RCIEDU or call reservations at 1-866-767-7773 and refer to the group code: Mpowerment or Womensretreat.

You must registered before November 9th, 2011 to get our group rate of \$99.00. Make your own reservations online or calling at 1866-767-7773.

Airport:

Las Vegas Airport

McCarran International Airport- Hotel has free shuttles from airport to hotel

For more information or if you have any questions please call Marisa Rivera (703.999.4122). or EAS at 888-354-4747, Malva Borba at (305) 431-1109 or Sina Sutter at (407) 376-7682.

At the end of each day full of inspiration, knowledge and creation, participants can arrange a spa service at the Red Rock Hotel & Casino Spa for a 15% discount.

After a visit to the spa, take time to relax in the exquisite Red Rock hotel facilities. Climb the Red Rock Canyon Mountains, or treat yourself to some entertainment & shopping on the famous Las Vegas Strip.

End the Year Living Your Purpose!